

Young, Together and TB Free! Ulutsha Lulwa iTB!

A community-led project addressing TB stigma
amongst young people
in rural Ngqushwa, Eastern Cape

Presented by: Luleka Kondlo
Siyahluma Stuurman
Seki Boo

Author: Katy Pepper



Stop TB Partnership



together
UBUNYE
FOUNDATION

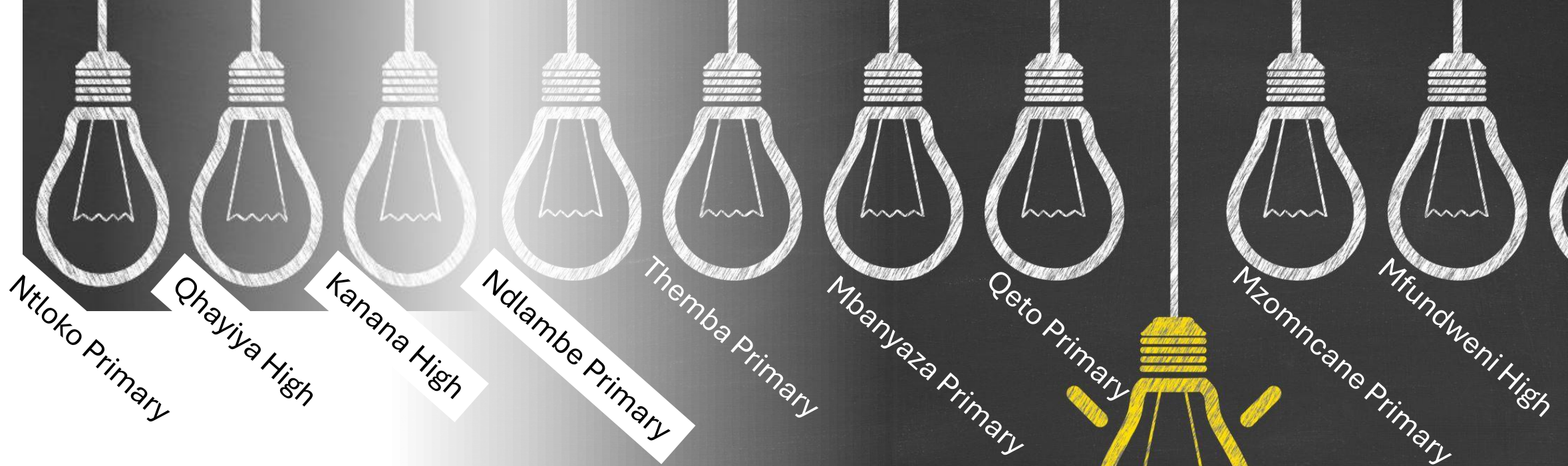
Young people getting together to End TB



Stop TB Partnership



Together
UBUNYE
FOUNDATION



With support from Principals,
Teachers, Parents, Police,
Department of Basic Education,
Nurses, Community Health
Workers and

The Ubunye Foundation

Led by
18 TB Champions,
learners aged 10-16
from 9 schools

18 TB Youth Champions at 9 Junior & Senior Schools



Training & mentoring

Info on TB symptoms, care and treatment

Marketing The message

Referral to local TB services & resources, Nurses & CHWs

Using the YouthWyze app

Feedback on local treatment & care

Share experiences of bias & stigma

All Resources on TB

Part 1: Competitions as Advocacy

The Team Sports people :
Netball and Soccer Tournament

The Artists:
End TB logo design the schools' teams

The Singer Songwriters and Poets:
End TB anthems for each school

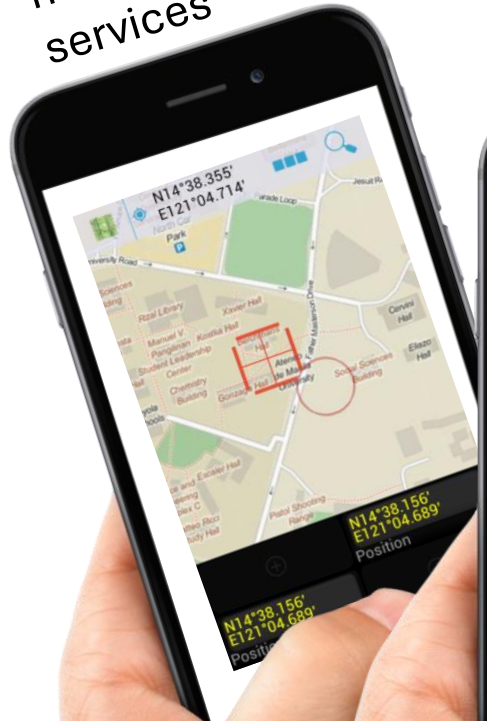
The Talkers:
Debate on Young People's role in Ending TB



Part 2: Ubunye Youth TBwyze App

Chat with colleagues, Ubunye staff & health care staff about TB

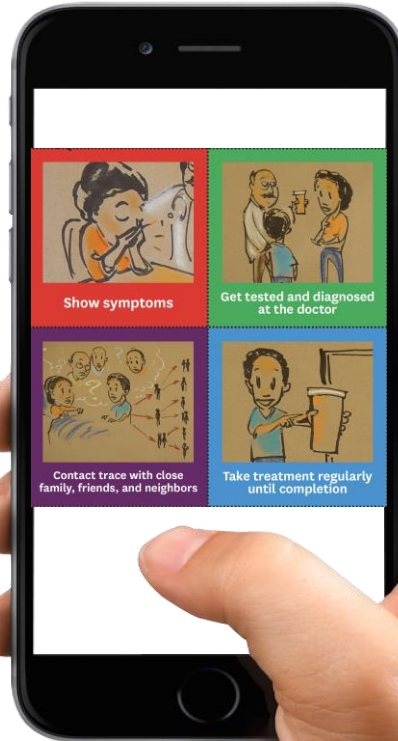
Location of health care services



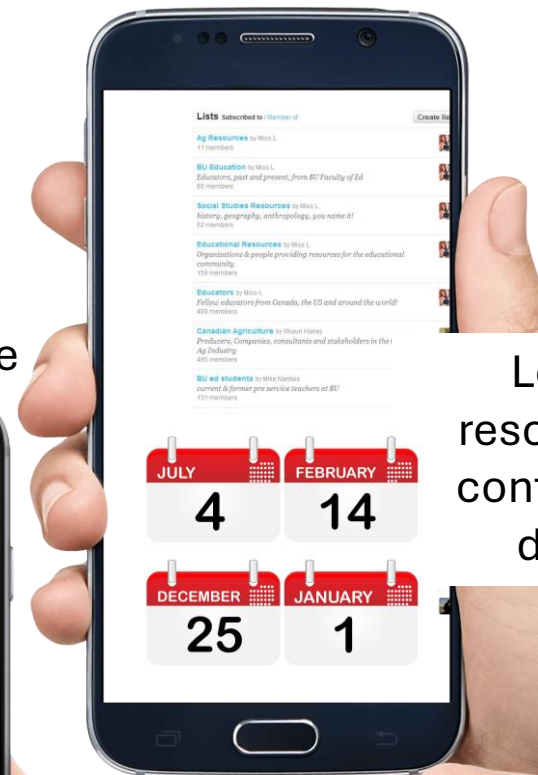
Local Initiatives to End TB



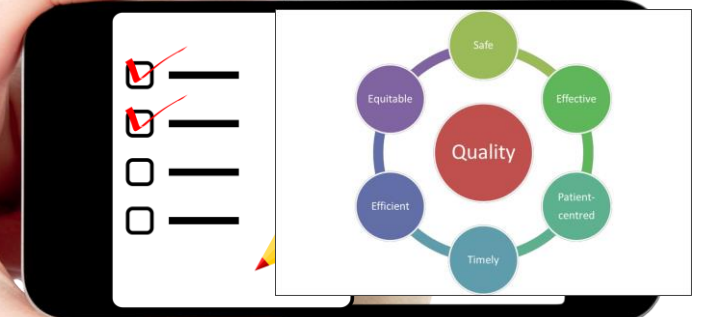
Information on self screening and seeking care



Local resources, contacts & diary



Feedback on quality of treatment & care





Part 3: Youth Community Health Worker Volunteers

- Youth Community Health Workers mentored by nurses and Community Health Workers
- First point of contact, if selected, for young people attending the clinic
- Direct them to treatment and care
- Provide information, support and referral for professional care
- Paid a volunteer's allowance



Results: Advocacy

8 Matches have
been played

Semi Finals and
Finals to be played
in July 2024

Team Strips are created



Songs & Poetry are done

Tuberculosis
I was fine until I had
his disease That drives me
Slowly it is eating me.
The doctor said I have TB.
And that is why I have to lay
Down on my bed all the day.
It worsense when I'm alone
I Can't even reach my phone.

I cannot wash I cannot cook.
I cannot read a single book.
I am a burden in this land.
I cannot even lift my hand.
- It keeps me freezing all day long.
Sometimes I think something is wrong
At morn I wake and find me wet
Blankets dripping with my sweat



Isibulalazwe TB

Hayi-Hayi zemkinkomo magwalandi
Hlooyina zizwe konakele
Phumani madoda bafazi
Satsha balala isizwe sisifo samphu

Ndithi wuntshu kuni zinzwana
Nee-nzwakazi eza dela ubami bajoyina
isebe lezempilo ukuze balwe bakhu
isizwe de rham yhao

Dubulesege TB

Aha ma Africa mahlle
uyinkwenkwe ekhanyebumnyameni
senzenina ma South Africa
asilazutyale nkosiyam
Siyathukwa siyahlebywa
Amagama ethu adume kakubi
elizeni ngenxa yesisifo TB

TB ufunahina kwelizwe ma Africa
masibeyimbumba ma Africa masith
aneane sincebane ma Africa umanyo
na ngamanda

Isibulalazwe (TB)

Vukani Ma Africa Konakele!!
Kunsaqhu^{na} akubasiwe
Ndishukunyiswa nje sesisifo se (TB)
Sifo ndini / ukanti uvelaphi na?
Ingaba ubizwe ngubani apha?

Uligabile ilizwe loo khokho bethu
Uqwenge awashya kanto
Kunani ukushya abazali bethu
Baphi oo sisi noobhuti bethu?
Ubanabizile ngokungenalwazi
Ingaba thina sisoneni na?
Ingaba sibulele bani na?
Lento ushaye ilizwe lethunegazi

Kwanele ngoku!
Iimbongi zibhala zibhalile ngawe
Bambi balnetri bome ngawe
Nyoka ndini engena ntuziyo
Kwanele noko ngoku
Amazinyo uwaqinisile ngokwaneleyo
Ikuba kunge ntando ka thixo masiv

Results: Ubunye Youth TBWyze

“

We need it. It will be so good to go and find out about TB on our own in our own way.

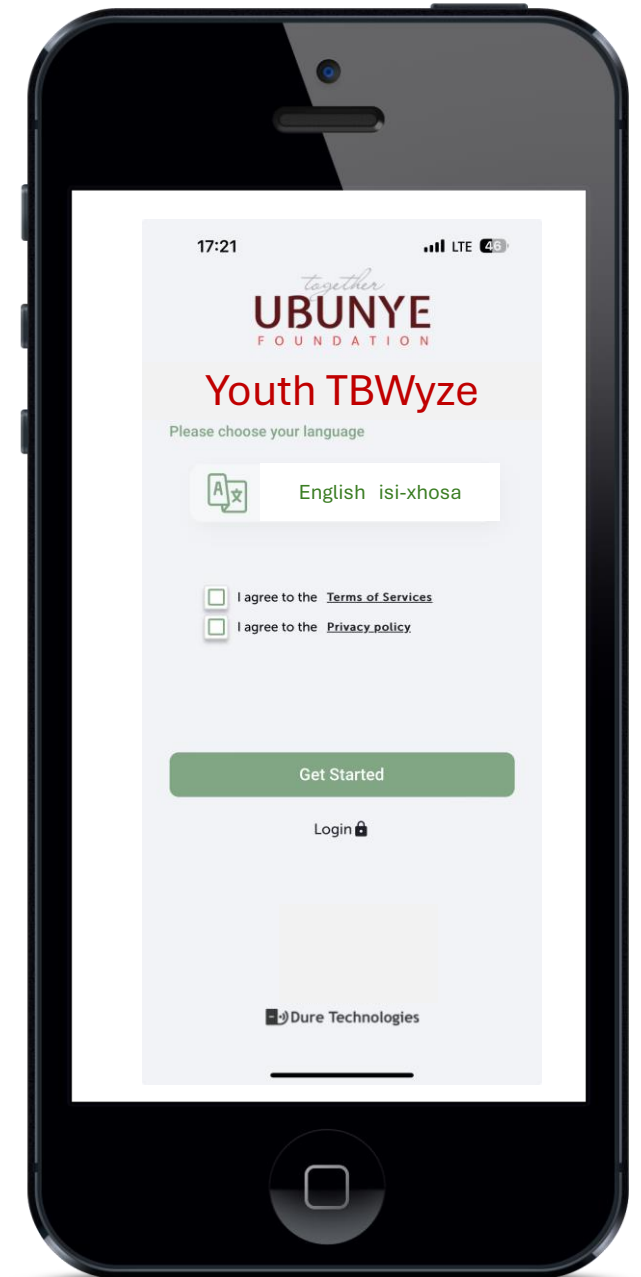
Its at school, where we can use it

Feedback
Youth TB
Champions
14 may 2024

This app has all the parts to it that we need but it doesn't look good. We need to make it right for us to use. We can do that...

Young people don't want to read a lot. They want to have fun on the phone. That way they learn quick quick

”



Results

Youth CHW Volunteers, Clinic care & Treatment

10 Youth CHWs at
5 clinics

Working each day at
youth-busy times

Included in Clinic
Management Committee
meetings



PhotoVoice

Youth CHW

Glenmore Clinic

15 May 2024

“

My photos show the number of young people that are now coming the clinic. They are increasing a lot to come to the clinic, because we educate and encourage them and they get better services. They find it easy to ask us questions because we are the same age

”



“

PhotoVoice
Youth CHW
Qeto Clinic
14 May 2024

This picture I took represent the change...now young people come to us, many of them...young people don't bother about reading information or asking questions about TB in front of older people...we click easily, some of the things we talk about are the things I have gone through

PhotoVoice
Youth CHW
Qeto Clinic
14 May 2024

I'm proud of myself and confident because the numbers of young people come especially from schools are increasing...their attitude is changing towards the clinic. I am very happy

”

Graph 1

Month	HTS (14yrs-24yrs)	Prep	Implant	TB (score)
APRIL 24	32	2	2	472
MARCH 24	29	2	6	414
FEB 24	25	1	2	404
JAN 24	23	0	3	516
Dec 2023	22	0	1	216

Graph 2 WITH JCHWs

Month	HTS (14yrs-24yrs)	Prep	Implant	Joint TB (screening)
APRIL 24	32	2	2	160
MARCH 24	29	2	6	134
FEB 24	25	1	2	140

What we have learned...

- Enabling young people to lead is not easy
- School facilities and resources are lacking
- Teachers and learners enjoy the break, the change in focus
- Using 'different' teaching mediums mean learners learn fast and retain the information



The Way Forward

Annual END TB Ubunye
Tournament
Netball-Soccer-Art-Music-Debate

Matches, Exhibitions &
Performances for Adults

A great way to learn so let's do
more...!

Let us add to the app

Push for permanent posting of the
Youth CHWs at clinics



Co created with: Significant input from Mr Nkosomzi Ndongeni (Mzomncane School Principal)

Youth TB Champions

Amahle Todolo (Mzomncane)
Sinesipho Qengqeleka (Mzomncane)
Buncwane Todolo (Qhayiya)
Asenathi Boozi (Qhayiya)
Siyambula Gidane (Qhayiya)
Thando Binqela (Kanana)
Siyahluma Stuurman (Kanana)
Luvano Moni (Ndlambe)
Sinxolo Owam Maki (Ndlambe)
Sinxolo Mjuku (Themba)
Sokholosa Fiki (Themba)
Lithemba Mjadu (Ntloko)
Inganathi Velezantsi (Ntloko)
Mihle Ntonzini (Qeto)
Lihle Singqotho (Qeto)
Maki Onika (Mbanyazana)
Lumeko Bokwana (Mbanyazana)

Programme Working Group

Nyameko Mkundwana
Zwlelthu Faltein
Athenkosi Gadu
Nomvula Mkatali

Ubunye Foundation

Bulelwa Ganca
Katy Pepper
Lisa Gaybba
Lumka Nkanyana
Luleka Kondlo
Michelle Bradley
Siya Kama

Youth CHWs

Apendule Makanda
Esethu Kondlo
Linobubele Yedwa
Mazande Hoyi
Ncebakazi Badi
Olwethu Singqoto
Simbonile Ndwayana
Sixolile Botlani
Thabiseng Masewa
Thembelani Rwexu

Department of Health in Ngqushwa

Facility Managers, Nurses and Community Health Workers at
Ndlambe Clinic
Glenmore Clinic
Ndwayana Clinic
Qeto Clinic
Pikoli Clinic

DOH Staff at Amahlati Sub District
DOH Staff at Amathole District

Department of Basic Education

Principals & Teachers at
Nzomncane Primary School
Ntloko Primary School
Qhayiya High School
Kanana High School
Ndlambe Primary School
Themba Primary School
Qeto Primary School
emFundweni High School

DOBE staff at Amahlati Sub District

With special Thanks to:

Stop TB Partnership

Kwandwe Private
Game Reserve

TB Alliance